462 Besides the work in rice-fields, women dug and cleaned [503] canals and ditches, mounded land, and fished in many ways, the [226] most laborious of which was plunging a heavy basket into the mud to catch burrowing fish. In the household chores, in which men shared to some extent, they carried water, cut and fetched wood, tended livestock, cultivated kitchen gardens, [501] pounded rice in mortars, and cleaned houses. Boats were rowed by paddling or sculled by standing and pushing a single large [354] oar. Cooking was time consuming. The low stoves were on the [352] ground or floor. Since there were no tables or chairs, one squatted two to four hours a day to cut or pound ingredients, [516] stir the curry, or wash the dishes.

868 The training of boys and girls for farm and household 561 work was thorough and started early. By 18 years of age, 461 boys and girls with few exceptions were experienced in every step of farming. Janlekha's chart (1955:82) indicates the progression (parenthetical additions are the present author's):

Age	Method	Kinds of farm work
5 - 7	not forced, but allowed or induced to work if they want to	light hauling, removal of weeds which have been turned over by harrowing
8 - 12	mild pressure	light hauling, removal of weeds which have been turned over by harrowing; some household work and help in the kitchen - girls only - (sometimes boys)
13 - 14	moderate pressure	hauling, weeding, buffalo-tending, transplanting, chicken-feeding, fishing, household work (boys and girls)
15 - 16	high pressure	all kinds of farm work, harrowing, harvesting, and uprooting - boys only - are started at this age.

872 Children worked in the fields before and after school 461 which, compulsory for all children aged eight to fourteen, was held from 9 a.m. to 3 p.m. five and one-half days a week. Vacations coincided with peak work seasons so children could help in the fields or at home.

4

132 Bangkok. The tropical monsoon climate divides the year into three seasons, a hot, wet season from late May to November, a cooler, dry season from December to early February, and a hot, 361 dry season from late February to mid-May. The community, scattered over an area of approximately five square miles, was 161 composed of seven neighboring hamlets. In 1954, the population 162 was approximately 1700, divided among 336 households. About 60 per cent of the households were made up of independent families, parents with unmarried children, with an average family [143] size of 5.7 persons. The main occupation of 80 per cent of all families was rice farming.

243 The climate together with the overflowing Chao Phraya [13] river, provided natural conditions for raising a single crop [220] of wet rice. From May or June to February, the principal activities were those connected with rice production. This crop greatly exceeded the needs for local consumption as human food, [435] feed, and seed. The surplus of rice which was sold, was estimated for 1953 as 1.4 times the amount used for all purposes within the village (Janlekha, 1955).

346 Wat Bang Chan, the Buddhist monastery and place for re- 621 ligious exercises, was also the center of social life in the [795] community. When data for this study were being gathered, the one primary school in the village was located on the grounds of the wat. The community was defined simply by the clientele which patronized Wat Bang Chan and this elementary school. [563] Within the area of the community lived a small minority of Thai Moslems who patronized a mosque and school just outside Bang Chan. The few Chinese in the village were considered as part [028] of the Thai-Buddhist community. Information to be presented on food habits refers primarily to habits of the Buddhist majority, although some reference will be made to ways in which Moslem practices differed therefrom.

193 Although for six or more months of the year the fields 243 were covered with water, sometimes to a depth of a meter or 491 more, a year-round road, connecting Bangkok and Minburi, the nearest market town, ran through one edge of the village. Bus 484 service was available along this road, to either Bangkok or [494] Minburi but within the community one went by boat on the network of canals during the wet season, and during the dry season, [503] on foot along the dikes or across fields. From late January through May, when subsidiary canals were apt to be dry, getting about was somewhat difficult. Boat travel was considered easy, but as many families had only one boat, a trip to the store or even to a neighbor's home had to be planned with reference to the activities of other family members.

443 Large scale purchases, as for a ceremony, were always made at a big market, but in general, instead of people going to the market-town, the "market" came to the people. Boat-venders brought not only fresh produce and staples but also sweets, ices, soft drinks, and cooked foods such as Chinese

Seasonal Activities

128 A chart has been prepared to show the climatic conditions in Bang Chan and what people were doing at different seasons (Chart 1). For convenience, the periods covered by the four rounds of the dietary survey (p. 58) are included.

221 The year starts with May, the beginning of the rice-
132 year. At this time the rains began to soften the parched
241 ground, and the heat slackened. School re-opened. Farmers
512 turned to plowing, harrowing, raising the seedlings. Both
871 sexes worked about equally in field labor, boys from 14 and
862 girls from about 15 years of age performing tasks according
883 to skill and strength. Everyone was in the field at dawn. The buffalo, but not the farmer, rested through the noonday heat (about 10 a.m. until 2 p.m.) and also on the weekly holy
284 day. Meals were usually eaten about 10 a.m. and after returning from the field at dark. Although two meals a day were usual at other times, at this season, some had a third
262 meal about 2 p.m. If the buffalo were brought home to rest, this meal could be eaten at home, but hired laborers or those working far from home often took with them rice and other foods in a (2)pin-(1)too, or tiered lunch kit.

221 With the rains, the canals had filled, so that by June
132 buyers with big rice boats could return. The few farmers who
501 could afford to hold onto a portion of their last year's crop
442 sold it for a better price at this time. Vegetables and
24 fruits which had died in the long drought were replaced, and trees were planted.

24 In July the heavy transplanting season began. Because
221 of cooperative work habits or hiring out, people worked
132 solidly day after day for two months on their own or on another's fields. It was dawn-to-dark, back-breaking work.

This was an anxious time. The seedlings had to go in at exactly the right time. Water level was only partly con-
312 trollable. Lack of rain might be remedied by pumping water from the canals but flooding would drown the plants. School
871 vacation was scheduled at this time so both teachers and
857 children could help. Older children might work in the fields,
887 while younger ones, from 8 to 13, and the aged took over the care of babies and toddlers, fished, cooked, gathered food
432 for the family and grass for the buffalo. People knew the crop was subject to drought and flood, pests of rats and worms, destruction by birds or wandering buffalo or duck, and in the end to the mysterious fluctuations of the price of rice on the world market. Moreover, some persons worried about debts, acquired from giving a ceremony or making a capital investment and sometimes from heavy gambling during the rest season.